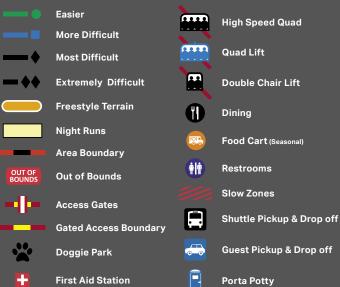


# **TRAIL MAP LEGEND**



# atching out for vou

S
7,305 Ft.
4,528 Ft.
2,777 Ft.
5,366 Ft.
700 Vert. Ft.
3 Miles
2,150
140
430"



# SEYMOUR SAYS

For the safety of yourself and others, please wear a face mask and practice social distancing.

# LIFT STATISTICS

AUTOMATION

LIFT

Blue

Buttero

Daisv

Cascade

Easy Ric

Heather

Hood Riv

Mt. Hood

Shooting

Stadium

Vista Exp

		-
	ELEVATION	VERTICAL RISE
	5,378-6,555	1,177 Ft.
)	5,356-5,514	158 Ft.
Express	5,914-7,305	1,391 Ft.
	5,368-6,040	672 Ft.
er	5,434-5,866	432 Ft.
	5,253-5,958	705 Ft.
er Express	4,528-5,928	1,400 Ft
Express	5,368-6,546	1,178 Ft.
Star Express	5,626-6,566	940 Ft.
Express	5,368-5,949	581 Ft.
ress	5,450-6,571	1,121 Ft.

**WE USE RFID GATES!** 



Porta Potty

# **PARK SMART**

Start Small

🚺 ake a Plan 🔺 Iways Look

**Respect** 

ake it Easy

#### Meadows Parks

The Zoos	Banked Slalom
Fireweeds/M	Forest Park
SuperpipeM/L	Outrigger Park

# **HEATHER CANYON, CLARK CANYON** & PRIVATE RESERVE

# Gate Access Only

Access to Heather Canyon, Clark Canyon and Private Reserve is through access gates only. These areas are not patrolled on a regular basis and avalanche danger exists at all times. You may be entering tightly wooded and cliffed terrain. Beware of waterfalls, creek holes and other unmarked obstacles. Names shown are for reference only and are not designated trails or runs.

#### Skiing/Riding with a partner and carrying a beacon, probe and shovel are highly reco Closure violators will lose lift privileges and may be criminally trespassed.

# Avalanche Mitigation Advisory

Mt. Hood Meadows uses several methods for avalanche reduction, including remote delivery systems. Mitigation work may be in progress at any time. Stay out of closed areas!

# POLICIES **IN CASE OF ACCIDENTS**

- Place skis upright and crossed in the snow above the scene of the accident.
- Report the accident to ski patrol or to any lift station.
- Ski Patrol (Emergency Only) 503.438.3216
- For quickest assistance, please remain calm and give an accurate location and nature of the injury.
- In the event of a collision with another skier or rider, Mt. Hood Meadows requires those involved, including witnesses, to stop and render any reasonably necessary assistance and upon request present identification or supply his/her name to resort personnel, ski patrol members or the other injured skier.

#### **DRONE POLICY**

Drones or model aircraft use by guests, commercial operators, or the media is prohibited without prior written approval of Mt. Hood Meadows. Visit SkiHood.com/Drones for more information.

#### **UPHILL TRAVEL RESTRICTIONS**

- Mt. Hood Meadows generally prohibits uphill travel in the ski area. Specific exemptions exist for access to Super Bowl, adjacent backcountry areas, and Easy Rider events.
- All uphill travelers must remain visible; be aware of hazards and use appropriate footwear
- Backcountry travelers shall only re-enter the ski area into open terrain.
- Full uphill travel policy including daily avalanche mitigation operations information here: SkiHood.com/Safety

# **OREGON SKIER STATUTE ORS** 30.970 TO 30.990

Violation of any of these duties entitles the ski area operator to withdraw the violator's privilege of skiing. The following are excerpts from the statute. References to "Skiers" & "Skiing" include skiing, snowboarding and other winter activities.

- Skiers accept and assume the inherent risks of skiing (in so far as they are reasonably obvious, expected or necessary).
- Skiers who ski in any area not designated for skiing within the permit area assume the inherent risks thereof.
- Skiers shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of skiing and shall maintain reasonable control of speed and course
- Skiers shall abide by the directions and instructions of the ski area operator
- Skiers shall familiarize themselves with posted information on location and degree of difficulty of trails and slopes to the extent reasonably possible before skiing any slope or trail.
- Skiers shall not cross the uphill track of any surface lift except at points clearly designated by the ski area operator.
- Skiers shall not overtake any other skier except in such a manner as to avoid contact and shall grant the right of way to the overtaken skier.
- Skiers shall yield to other skiers when entering a trail or starting downhill.
- Skiers must wear retention straps of other devices to prevent runaway skis.
- Skiers shall not board rope tows, wire rope tows, j-bars, t-bars, ski lifts of other similar devices unless they have sufficient ability to use the devices, and skiers shall follow any written or verbal instructions that are given regarding the devices.
- Skiers, when involved in a skiing accident, shall not depart from the ski area without leaving their names and addresses if reasonably possible.
- A skier who is injured should, if reasonably possible, give notice of . the injury to the ski area operator before leaving the ski area.
- Skiers shall not embark or disembark from a ski lift except at
- designated areas or by the authority of the ski area operator.

# **KNOW THE CODE**

- Always stay in control, and be able to stop or avoid other 1. people or objects
- People ahead of you have the right of way. It is your 2. responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible З. from above
- Whenever starting downhill or merging into a trail, look uphill 4. and yield to others.
- 5. Always use devices to help prevent runaway equipment.
- 6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- 7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

#### FOOD AND BEVERAGE

Executive Chef Matthew Grimsley is passionate about giving you an extraordinary dining experience. His focus is to use regional, fresh and natural ingredients whenever possible to create ontrend and healthier menu items.

#### SAHALE LODGE -

SAHALE

#### **Bullwheel Bar\***

Wildflowers Café

R Our 21 and over bar features a great selection of specialty drinks, local microbrews and local wines. Stop by for a drink in our bar inspired by our lifts and the people who maintain them.

sandwiches.

Sahale Grill

Your one, quick serve stop for delicious flavors from The Brick Oven, South of the Border, Little Italy and the Mountain Grill. It will also feature grab-and-go sandwiches, salads and snacks.

Get a quick cup of coffee or tea before your day on the slopes. Wildflowers also offers cold, grab-and-go deli

#### SOUTH LODGE

#### Alpenstube Restaurant & Bar\*

Our beautiful slope side, full-service restaurant offers an inviting menu that features a wide variety of gourmet Alpenstube appetizers, salads, sandwiches and specialty entrees. Also a great place to grab a refreshing Northwest beer or wine, or a fabulous cocktail.

Schuss To Go Express

Quick, in-and-out express service featuring mountain Schuss classics such as burgers, chicken, hot dogs and fries.

HIGHER **Higher Grounds** A nice, quiet place to relax with a drink and a snack, as well as a place with access to power and WIFI.

#### NORTH LODGE -

#### Fresh Tracks Grab & Go

Fresh Tracks A quick option for delicious and healthy grab-and-go sandwiches, salads and snacks. Also offering a wide selection of beverages.

#### Vertical\*

Take in the views of our slopes in our full-service Vertical restaurant and bar. Vertical offers a wide selection of the Northwest's finest microbrews and wines

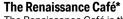
#### **ON SLOPE**

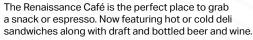
#### The Mazot\*



Café

Our on-mountain café features specialty sandwiches, Mazot Dawgs, Northwest beers on tap and hot and cold beverages. Sit back and enjoy the view at 6,000 feet!





\*Alcoholic beverages available



#### View All the Menus Scan the QR code to view the menus from all of our restaurants.

#### **COOPER SPUR SKI AREA**



Visit our family-friendly ski area. We offer 50 acres of beginner and intermediate terrain with 350 feet of vertical. We also have lessons, rentals, snow tubing, Nordic skiing, snowshoeing and a charming alpine lodge!

#### LODGING AT COOPER SPUR



Stay at Cooper Spur - located just north of Mt. Hood Meadows on Hwy 35. We have hotel rooms, condos and cabins - including pet-friendly options - so there are accommodations to suit everyone's needs. Culinary purchases at the Crooked Tree Tavern earn loyalty points to Mt. Hood Meadows.

## LIFT TICKETS

We offer a variety of tickets to suit your schedule. Purchase your ticket online in advance to get the best price and to ensure your day on the mountain. SkiHood.com/Store



# **RELOAD YOUR TICKET**

If you plan on visiting us again in the future, hang on to your lift ticket! You can reload your ticket online, saving you money and allowing you to go directly to the lift when you arrive. If you don't plan on returning, please leave your ticket in one of our drop boxes located in the main lodge, at HRM and at the lift.

Reload your ticket by scanning the QR code or entering the RFID number on the back of the ticket.



In an effort to reduce our impact, Mt, Hood Meadows has minimized the production of printed trail maps. We encourage everyone to use the map on our website and to reuse this trail map.

#### **MEADOWS PARKS**

Build your skills in one of our smaller parks like the Zoo or throw down in one of our larger parks like Forest Park. We have something for everyone's riding style!



#### **SNOWSHOEING**

Snowshoeing is a great way to enjoy winter on some of our peaceful trails. Hike through woods, meadows and even to a waterfall! We offer rentals, weekly guided hikes, and evening tours that include a ride on the Vista chairlift. Tours offered throughout the season. For the map and most up-to-date pricing, visit: SkiHood.com/Snowshoe



#### **NORDIC CENTER**

Located off the HRM parking lot, the Meadows Nordic Center offers 16.5km of groomed trails that are power tilled to create both molded tracks and skating lanes. We offer lessons and rentals for both classic track and skate skiing.

Scheduled Thursday-Monday and Holidays 9 AM-4 PM. For the map and most up-to-date info and pricing, visit: SkiHood.com/Nordic Follow us on Facebook at @MeadowsNordic



# **PRINTED ON STONE PAPER®** Mt. Hood Meadows is committed to sustainability, and chooses to

print their Winter Trail Map on Stone Paper® - a waterproof, resistant paper alternative made from 75% or more recycled content calcium carbonate sourced from waste marble. Stone  $\mathsf{Paper}^{*}\operatorname{\mathsf{production}}$  requires NO trees, NO water, and NO bleaches or dyes, with a carbon footprint of 67% lower than regular paper. www.stonepaperinfo.com

Stone - Paper

# SAHALE LODGE



The Sahale lodge is home to our Rental Center and Meadows Learning Center as well as the Sahale Grill, Bullwheel Bar and Wildflowers Cafe. Sahale is also a great venue for large and small weddings, meetings and events.

To learn more and for updates, visit: SkiHood.com/Sahale





## SUMMER OPERATIONS

Come back and visit us in the summer! Enjoy scenic chair rides, guided hikes, live music, geocaching, deck games and food and drinks. We also have fun, family-friendly events throughout the summer.

For more info about our summer operations, visit: SkiHood.com/Summe







# EVENTS

We are excited for all of our winter and spring events on the mountain and hope you are too! Follow the link to our events section where you can find dates and more details - SkiHood.com/Events



#### DAY CARE CENTER

State certified childcare full-day and half-day options for children 6 weeks to 6 years old and lessons for ages 3-6. For more info and reservations forms visit: SkiHood.com/Daycare



LESSONS AND RENTALS Whether you are an advanced all-mountain rider or it's your first time trying a snow sport, our highly certified instructors are excited to ski/ ride with you! Reserve your lessons online in advance to ensure your day on the mountain

With our fully stocked Rossignol Rental Center, we have all the gear to fit your skiing and snowboarding needs! Reserve your rentals online in advance to ensure your day on the mountain. SkiHood.com/Rentals

include

We offer multi-week programs that allow you to come on the same day of the week and have the same instructor each day. You will be amazed at your progression!

We also offer our Freeride Team to kids looking to improve skills in the terrain parks, powder, trees and steeps. SkiHood.com/Lessons





#### IOBS

Opportunities await to enrich lives. In addition to spreading stoke, some of the many perks for joining the Mt. Hood Meadows Team

- Free season pass
- Free or discounted passes
- for dependents Free group lessons
- Resort discounts
- Free employee transportation

Resorts

- Access to our regional Moutain Exchange Program with participating
- Visit SkiHood.com/Jobs to learn more and view a listing of current full-time and part-time openings



# WEDDINGS

Plan your dream wedding at Mt. Hood Meadows! Get away from the bustle of the city to the majestic beauty of the Mt. Hood National Forest. We offer weddings year round.

For more information or to book your wedding, contact: Weddings@SkiHood.com or visit Skihood.com/Weddings

# **ON-MOUNTAIN SHOPS**



We offer tunes, repairs, custom boot work and foot beds. Come see our selection of retail gear, and let us get you on the snow and making your



best turns. Come check out our winter outerwear and

**OUTER LIMITS SPORTS** 

accessories. Forgot something? We have you covered with goggles, gloves and face masks. Shop our logo gear and bring home a memento from Mt. Hood Meadows.





# The Gateway to "Your Mountain Home"

Mt. Hood Meadows official retail and pass fulfillment store in the heart of NW Portland.

Purchase season passes, lift tickets, logo wear, gift cards, and get help with planning the ultimate mountain experience. Located at 1639 NW Northrup Street, Portland, OR 97209

Facebook: @MeadowsPDX | SkiHood.com/MeadowsPDX



Prototype shown with options. Extra-cost color shown

MOD.ATOYOT

Official Vehicle of Mt. Hood Meadows

ΑΤΟΥΟΤ

Trail Map



# **CONTACT INFO**

Mt. Hood Meadows 14040 Hwy 35 / P.O. Box 470 Mt. Hood, OR 97041

# PHONE NUMBERS

Mt. Hood Meadows. .503.337.2222 Cooper Spur Mountain Resort. .541.352.6692 .503.227.SNOW Snow Phone Ski Patrol (Emergency Only) ..... .503.438.3216

# www.SkiHood.com







MtHoodMeadows

MtHoodMeadows



View the Lodge Map Scan the QR code to use the lodge map to

find what you are looking for.

# PARKING

#### **SNO-PARK PERMITS**

Required November 1 - April 30 to park in Oregon Department of Transportation maintained parking areas (including the Mt. Hood Meadows parking lots). Permits are available at our Concierge, desk the HRM Lodge and at other authorized permit agents. Parking in an Oregon Sno-Park without a permit may result in a fine of \$30 or more.

#### **RV PARKING**

Meadows maintains up to 14 overnight RV parking spaces available on a first-come first-serve basis. RVs must be self-contained, as no services or utilities are available. RVs require a Sno-Park permit. RVs must also obtain an overnight parking permit available at SkiHood. com/RV – this is not a reservation, it's just to register when you arrive. The Overnight RV Parking space is located in a designated area in the resort's Sunrise lot. Limited to 3 days in a 5-day period maximum.